

KS3 PSHE **LEARNING JOURNEY**



INTRODUCTION TO SECONDARY SCHOOL

POSITIVE FRIENDSHIPS

CONSENT

BULLYING ONLINE & OFFLINE. INC CYBERBULLYING & TROLLING



RELATIONSHIPS & SEX EDUCATION

FAMILY MARRIAGE & CIVAL **PARTNERSHIPS**

LOVE, POSITIVE & SAFE

COUNTY

PERSONAL

INTRO TO EXTREMISM &

RELATIONSHIPS

LINES **IDENTITY &** DIVERSITY

RADICALISATION

PUBERTY, PERIODS & **FGM INTRODUCTIONS**

INTRO TO HEALTHY LIVING (NUTRITION, EXERCISE, REST &HEALTHY EATING)

HEALTH & WELLBEING

MENTAL HEALTH. **DEPRESSION & ANGER** MANAGEMENT

INTRO TO ADDICTION, DRUGS & **DANGEROUS SUBSTANCES UNIT** (INC SMOKING & ENERGY DRINKS)

BEING A RESILIENT STUDENT

INTRO TO BUDGETING, **SAVING & FINANCE**

LIVING IN THE WIDER WORLD

ASPIRATION & SELF ESTEEM

ONLINE SAFETY INTRODUCTION

RACISM & STEREOTYPES

COUNTY LINES

TOLERANCE & ANTI-RACISM

LESSONS

ONLINE

PREDATORS

PORNOGRAPHY STI'S & SEXUAL HEALTH

& IMAGE **SHARING**

CONSENT

RELATIONSHIPS & SEX EDUCATION

DOMESTIC CONFLICT & RUNNING AWAY FROM HOME

EXTREMISM & RADICALISATION

SEXTING & BODY IMAGE CONTRACEPTION SAFE SEX

MINDFULNESS, **CONFIDENCE &**

SELF AWARENESS

CANCER AWARENESS DRUGS

LEGAL / ILLEGAL

VAPING, **NICOTINE &**

ADDICTION

MEDICINAL & RECREATIONAL

DRUGS

DISCRIMINATION. **LGBT & DISABILITY**

PREJUDICE &

HEALTH & WELLBEING

BREAST IRONING

EMOTIONS & EMOTIONAL

LITERACY

PERSONAL SAFETY &

FIRST AID

PERSONAL DEVELOPMENT, BEHAVIOUR, TARGETS &

PREGNANCY & **PARENTING INTRO**

GOALS

CARING FOR THE

ENVIRONMENT

DISCRIMINATION -

PREJUDICE &

GANGS & CRIME - TEENS & MEDIA FOCUS

CAREER SKILLS

HOMOPHOBIA

LIVING IN THE WIDER WORLD

MISINFORMATION &

DISINFORMATION

INTERNET SAFETY - ONLINE **DANGERS &**

TAX & SAVINGS

FINANCE & BUDGETING **VOCATIONAL QUALITIES &**

PREDATORS

ENTREPENEURSHIP

PREDATORS & DANGER

BODY IMAGE & THE MEDIA

EATING DISORDERS

EXTREMISM

OUR COMMUNITY & DIVERSITY: EXPLORING LGBT+ AND OTHER COMMUNITIES

RELATIONSHIPS & SEX EDUCATION

CHILD SEXUAL **EXPLOTATION**

PEER PRESURE:

BULLYING

CONFLICT, ABUSIVE

RELATIONSHIPS

DOMESTIC ABUSE & UPSKIRTING

COUNTY LINES

GANGS & KNIFE CRIME

PERSONAL SAFETY:

DRUGS, SUBSTANCE

ACID ATTACKS

STEM CELL DONATION

ORGANS, BLOOD &

VACCINATIONS

ABUSE & THE LAW

HEALTH & WELLBEING

BEHAVIOUR, ACHIEVEMENT **EDUCATION & DISTRACTIONS**

SELF HARM **AWARENESS** MENTAL HEALTH:

STRESS, ANXIETY & MINDSET

ALCOHOL **AWARENESS**: RISKS & DANGERS

ENTERPRISE

INSTITUTIONS

SELF- DISCIPLINE &

NAVIGATING FINANCIAL

RESPONSIBILITIES

HUMAN RIGHTS &

SUSTAINABILITY

LIVING IN THE WIDER WORLD

EMPLOYABILITY & WORKPLACE SKILLS

FINANCE

PERSONAL

AVOIDING DEBT

LAW, KNIFE CRIME & YOUTH OFFENDERS

> PROGRESS ONTO **YEAR 10 - KS4**